

Sides:

Peaches, Pickles, Lays Chips

Sides:

Fries, fresh fruit, peaches,

Carrots

**DAILY ALTERNATES:** 

Cereal & Yogurt, Hot-Dog, Chicken-Caesar Salad or wrap Chicken noodle soup, Spaghettio's PB&J sandwich Choose 1 Entrée. (2 Daily Specials & 8 Daily Alternates) Includes 2 Fruit & 2 Veggie Choices! You must choose at least 1 fruit or veggie.

Milk: Fat-Free Chocolate, & 1% White,



Lunch Prices: Regular lunch: \$4.75, Extra Entrée: \$3.75, Additional entrée

\$3.50 Milk: \$0.90

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215-646-0150 ext.252

\*\*MENU SUBJECT TO CHANGE

| NO SCHOOL  Chicken Nuggets Sides: Fries, fresh fruit, peaches, Carrots  No School  No Sc | Regione  |                                     | Programmes Marie A.                  |                                     |  |
|--|--|-------------------------------------|--------------------------------------|-------------------------------------|--|
| NO SCHOOL   |  |                                     |                                      |                                     |  |
| NO SCHOOL  Sides: Fries, fresh fruit, peaches, Carrots  NO SCHOOL  NO SCHO | Monday-Jan 01  | Tuesday-Jan 02                      | Wednesday-Jan 03                     | Thursday-Jan 04                     | Friday-Jan 05  |
| Monday-Jan 08  Tuesday-Jan 09  Wednesday-Jan 10  French Toast Sticks W sausage  Scrambled Eggs Whacon cheddar tots Sides: Peaches, Pickles, Fresh Fruit  NO SCHOOL Martin Luther King Jr. Day **Intelligence plus character-that is the goal of true education.** -Dr. Martin Luther King JrDr. Martin Luther King   | NO SCHOOL  | NO SCHOOL                           | NO SCHOOL                            | Honey Ham &                         | Oreland Pizza By the Slice   |
| Monday-Jan 08   Tuesday-Jan 09   Wednesday-Jan 10   Thursday-Jan 11   Friday-Jan 12  |  |                                     |                                      | Sides: Fries, fresh fruit, peaches, |  |
| French Toast Sticks  | M 1 1 00   | T . I . I                           |                                      |                                     |  |
| Scrambled Eggs w/bacon cheddar tots Sides: Peaches, Pickles, Fresh Fruit  NO SCHOOL Martin Luther King Jr. Day "Intelligence plus chearcher-that is the goal of true education." -Dr. Martin Luther King Jr. Dr. Montecristo Sandwich (Ham and cheese sandwich on Friench toast) Dreland Pizza By the Slice  Chicken Nuggets Lays Chips Dreland Pizza By the Slice Sides: Dries, fresh fruit, peaches, Carrots Dreland Pizza By the Slice  Chicken Nuggets Sides: Dreland Pizza By the Slice Sides: Dreland Pizza By the Slice  Chicken Nuggets Sides: Dreland Pizza By the Slice Sides: Dreland Pizza By the Slice  Chicken Nuggets Sides: Dreland Pizza By the Slice Sides: Fries, fresh fruit, peaches, Carrots Dreland Pizza By the Slice  Chicken Nuggets Sides: Dreland Pizza By the Slice Sides: Fries, fresh fruit, peaches, Carrots Dreland Pizza By the Slice Sides: Fries, fresh fruit, peaches, Carrots D | Monday-Jan 08  | Tuesday-Jan 09                      | Wednesday-Jan 10                     | Thursday-Jan 11                     | Friday-Jan 12  |
| Scrambled Eggs w/bacon cheddar tots Sides: Peaches, Pickles, Fresh Fruit  NO SCHOOL Martin Luther King JrDr. Ma   |  | Cheese Burger                       | CHICK FIL A DAY!!                    |                                     |  |
| NO SCHOOL Martin Luther King JrDr. Martin Luther King J   | Scrambled Eggs<br>w/bacon cheddar tots<br><u>Sides:</u>              | Sides: Fries, fresh fruit, peaches, | Lays Chips Orders must be in by      | By the Slice Sides:                 | NO SCHOOL  |
| NO SCHOOL Martin Luther King Jr. Day "Intelligence plus character-that is the goal of true education." -Dr. Martin Luther King Jr  Dr. Martin Luther King Jr  Dr. Martin Luther King Jr  Tuesday-Jan 23  Waffle Sticks W/ sausage  Grilled Cheese Sides: Peaches, Pickles, Lays Chips  Peaches, Pickles, Lays Chips  Peaches  Peaches  Pepperoni Flat Bread  (Ham and cheese sandwich on French toast)  Chicken Nuggets Sides: Friench toast)  Chicken Nuggets Sides:  Chicken Nuggets Sides:  Lays Chips Oreland Pizza By the Slice  Chicken Nuggets Sides:  Lays Chips Oreland Pizza By the Slice  Chicken Nuggets Sides:  Chicken Nuggets Sides:  Lays Chips Orders must be in by January 21st at 7:00pm Fries, fresh fruit, peaches, Carrots  Monday-Jan 29  Tuesday-Jan 30  Chicken Lo Mein  Walking Tacos Wednesday-Jan 31  Walking Tacos Wednesday-Jan 31  Walking Tacos Wednesday-Jan 31  Walking Tacos Wednesday-Jan 31  | Monday-Jan 15  | Tuesday-Jan 16                      | Wednesday-Jan 17                     |                                     | Friday-Jan 19  |
| "Intelligence plus character-that is the goal of true education." -Dr. Martin Luther King Jr  Monday-Jan 22  Waffle Sticks W/ sausage  Grilled Cheese Sides:  Chicken Nuggets W/ sausage  Chicken Nuggets Sides: Fries, fresh fruit, peaches, Carrots  Chicken Nuggets Wednesday-Jan 24  FIRESIDE DAY!! Sides: Lays Chips Orders must be in by January 21st at 7:00pm  Fries, fresh fruit, peaches, Carrots  Monday-Jan 29  Wednesday-Jan 24  Fires, fresh fruit, peaches, Carrots  Sides: Fries, fresh fruit, peaches, Carrots  Wednesday-Jan 24  Fires Sides: Sides: Fries, fresh fruit, peaches, Carrots  Wednesday-Jan 30  Wednesday-Jan 31  |  | Pepperoni Flat Bread                | (Ham and cheese sandwich on          |                                     | Oreland Pizza By the Slice   |
| Waffle Sticks W/garlic bread W/garlic bread Chicken Nuggets Sides: Peaches, Pickles, Lays Chips Peaches, Pickles Monday-Jan 29  Buttered Pasta W/garlic bread Chicken Nuggets Sides: Lays Chips Orders must be in by January 21st at 7:00pm  Chicken Lo Mein  Fires, fresh fruit, peaches, Carrots  Chicken Lo Mein  Fires, fresh fruit, peaches, Carrots  Sides: Fries, fresh fruit, peaches, Carrots  Monday-Jan 29  Chicken Lo Mein  Walking Tacos Wigarlic bread Chicken Nuggets Sides: Fries, fresh fruit, peaches, Carrots  Mini Garden Salad  Walking Tacos Wittennings   | "Intelligence plus character-that is<br>the goal of true education." | Sides: Fries, fresh fruit, peaches, | Sides: Fruit, carrots, Pickles, Lays | Sides: Fries, fresh fruit, peaches, |  |
| Waffle Sticks W/garlic bread Chicken Nuggets Sides: Peaches, Pickles, Lays Chips Peaches, Pickles, Lays Chips Peaches Chicken Lo Mein  W/garlic bread Chicken Nuggets Sides: Lays Chips Oreland Pizza By the Slice Chicken Nuggets Sides: Sides: Fries, fresh fruit, peaches, Carrots  Wednesday-Jan 31 Walking Tacos Witenpings Food Service Director: En   | Monday-Jan 22  | Tuesday-Jan 23                      | Wednesday-Jan 24                     | Thursday-Jan 25                     | Friday-Jan 26  |
| Grilled Cheese Sides: Peaches, Pickles, Lays Chips Peaches, Pickles, Lays Chips Carrots  Lays Chips Orders must be in by January 21st at 7:00pm Fries, fresh fruit, peaches, Carrots  Wednesday-Jan 31  Pancakes  Lays Chips Orders must be in by January 21st at 7:00pm Fries, fresh fruit, peaches, Carrots  Wednesday-Jan 31  Walking Tacos Witennings Food Service Director: En  |  | w/garlic bread                      | _                                    | w/garlic bread                      | 0.0.0  |
| Carrots  Monday-Jan 29  Tuesday-Jan 30  Wednesday-Jan 31  Walking Tacos  Witoppings  Food Service Director: El   | Sides:   | Sides:                              | Lays Chips Orders must be in by      | Sides:                              |  |
| Pancakes Chicken Lo Mein Walking Tacos  Walking Tacos  Food Service Director: El   | Peaches, Pickles, Lays Chips   |                                     |                                      | Carrots                             | Mini Garden Salad  |
| Pancakes Food Service Director: El   | Monday-Jan 29  | Tuesday-Jan 30                      | Wednesday-Jan 31                     |                                     |  |
| Chicken Nuggets  CheeseSteak Rolls  CheeseSteak Rolls  | w/ sausage   |                                     | w/toppings                           |                                     | Food Service Director: Eugenia<br>Solano de Guerra<br>esolanodeguerra@olmrcs.com<br>215-646-0150 ext 252 |

Sides:

Fruit, carrots, Pickles, Lays

chips